

Science Based Nutrition From The Enzyme Experts

Incorporating Nutrition Into Your Massage Practice

April 13, 2007 + Swedish Institute, NYC + 6:00 pm - 10:00 pm

TRANSFORMATION
2007
SEMINAR SERIES



featuring world renowned author
Liz Lipski, PhD, CCN

- + Building tissue integrity after deep massage
- + Blood Circulation – vascular improvement, organ health, and continued improvement of limb circulation for prevention of cold hands and feet
- + Reduction of muscular spasms and restless leg syndrome
- + Reduction of inflammation, swelling, soreness, and pain
- + Quick and easy administration of nutrients for injury repair
- + Awareness of bone density (*can no longer be overlooked by anyone in the health care industry!*)
- + Answers to the most frequently asked questions

TRANSFORMATION ENZYME CORPORATION

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Incorporating Nutrition Into Your Massage Practice

Liz Lipski, PhD, CCN, is Director of Doctoral Studies at Hawthorn Health and Nutrition Institute and founder of Access to Health Experts, a holistic health membership website. She is the nutrition editor for Pilates Style Magazine and the author of *Digestive Wellness*, *Digestive Wellness for Children*, and *Leaky Gut Syndrome*. She holds a doctorate and is board certified in Clinical Nutrition. Dr. Lipski is currently in practice in Asheville, NC and offers private counseling in person and over the phone.

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